

THE CORNER

Tillman's Corner Area Chamber of Commerce

Serving Tillman's Corner, Theodore, Irvington, and the Greater Mobile Area

September 2014

"No man succeeds without a good woman behind him. Wife or mother, if it is both, he is twice blessed indeed."

Harold Macmillan

September 3RD Luncheon

Luncheon Speaker
Cindy Ross for
One Fit Mobile Pg. 4

President's
Message Pg. 1

*Meet
Jean Simpson
The First Lady of
Mobile
Pg. 6-7*



“In Step With Progress”



5055 Carol Plantation Rd.
Mobile, AL 36619



2014
Officers

Message from the President



I want to commend my predecessor Jeff Schmitz for a job well done during his tenure as Chamber President. I look forward to serving as President with your continued support.

A special thanks to Senator Bill Hightower for being our guest speaker at the August Business Luncheon.

Senator Hightower was most informative in sharing with us new legislation and changes that have been recently implemented in our local and state government.

Our next event is the 2014 Business Expo which will be held at the Chamber on Tuesday, September 23rd. We are encouraging our local businesses to get involved. This is a great opportunity to showcase your business, interest and talents. There are limited spaces so contact the chamber today to reserve your space.

School days, good ole golden rule days! Mobile County Schools are back in session and we want to wish our children a safe, enjoyable and academically successful school year.

“In Step with Progress”

Alesia Davis

President
Alesia Davis
New Horizons Credit Union

1st Vice President
Della Wade
Wal-Mart

2nd Vice President
Donna Abercrombie

Secretary
Kay Peace
Pilot Catastrophe

Treasurer
Theresa Orrell
Poly Surveying

Immediate Past President
Ruth Robinson
Mobile Memorial Gardens

Board of Director's

Ed Murphy
Teresa Taylor
Johnny Antley
Lois Rockhold
Kelle Flynt
Louise Holman
Christopher Mayhall
Deloris McLaney
Larry Kent
Charles Dunn

www.tillmanscornerchamber.com

September Events

2nd

Lion's Club

12:00-1:00

Lions meet the needs of local communities and the world.

Doyle Patrick

652-8040

3rd

Business Luncheon 11:30am - 1:00pm

Area businesses meet to network with other local businesses.

Guest speaker will be Cindy Ross for One Fit Mobile R.S.V.P. 666-2488

4th

County Line Band of Mobile 7:00 - 10:00pm

Live Country music \$5 donation at the door.

Dumas McLaney

661-5827

11th

Country Sounds Band

7:00 - 10:00pm

Live Country music \$5 donation at the door.

Melvin Farmer 675-4388 or Wayne Goff 895-3554

16th

Lion's Club

12:00-1:00

Lions meet the needs of local communities and the world.

Doyle Patrick

652-8040

17th

Executive Round Table 12:00 - 1:00

Area Executives from local businesses come together to discuss the future of our community

TCACC Office RSVP required 666-2488

18th

County Line Band of Mobile 7:00 - 10:00pm

Live Country music \$5 donation at the door.

Dumas McLaney

661-5827

23rd

Business Expo

6:00 - 8:00pm

Opportunity to expose your business to a new group of potential customers.

TCACC Office

666-2488

25th

Country Sounds Band

7:00 - 10:00pm

Live Country music \$5 donation at the door.

Melvin Farmer 675-4388 or Wayne Goff 895-3554

September Luncheon



The City of Mobile consistently ranks as one of the heaviest and least healthy in the United States. Our mission is through education, encouragement, and availability of physical activities, we will empower the citizens of Mobile to take charge of their health and wellness. Our plan is to organize educational seminars and fitness activities for the entire population of Mobile at little or no cost. We will provide a reward system that encourages health and fitness and provides more traffic into local businesses. We also will provide ongoing support and initiatives to encourage a permanent change in behavior towards eating and physical activities, helping the citizens achieve optimal health and fitness. We will identify and coordinate efforts aimed at healthy eating and an active lifestyle into a unifying community commitment to better health. Our city is faced with inactivity and poor nutrition. The results are leading to more obesity and weight related illnesses. We have a strong community in a beautiful city, let's utilize this gift to get healthy as One Fit Mobile together. We invite you to be part of an unstoppable movement, have fun, and try something new!



Cindy Lane Ross, formerly Cindy Celeste Lane, grew up in Mobile, Alabama. Ross has become a recognized leader in the Fitness Industry and with her collegiate and professional tennis career, living with Rheumatoid Arthritis for 16 years, having over 22 surgeries, losing her mother to Scleroderma, a brother to Type I Diabetes, and through her own self-discovery, Cindy shows great fortitude and is motivating audiences nationwide! Cindy will leave you in Amazement as she unfolds her story of illness, accomplishments, knowledge of health, fitness, and nutrition!

Cindy Lane Ross
IF I CAN DO IT, SO CAN YOU!



Rite Aid in conjunction with One Fit Mobile is bringing the Flu Shot Vaccine to the Tillman's Corner Community Center on the same day as the Chamber Luncheon. The goal is to have a flu free healthy winter.

The flu shots will be free to persons with insurance and \$29.99 for those with out insurance. Available from 11am till 1:30.

Luncheon Food Provided By:



Menu:

Marinated Chicken
Mixed Vegetables
Rice Pilaf
Spring Mix Salad
w/ Sundried Tomato Vinaigrette
Fruit Salad w/ Light Whipped Cream
Sweet and Unsweet Tea

The Luncheon price for members is \$8.00 and \$10.00 for non members.

What You Should Know for the 2014-2015 Influenza Season



I am asked every year if a patient should receive influenza vaccine and when should they receive the vaccine. The Centers for Disease Control and Prevention recommends a yearly flu vaccine for everyone 6 months of age and older as the first and most important step in protecting against this serious disease. While there are many different flu viruses, the seasonal flu vaccine is designed to protect against the top three or four flu viruses that research indicates will cause the most illness during the flu season. People should begin getting vaccinated soon after flu vaccine becomes available, ideally by October, to ensure that as many people as possible are protected before flu season begins. Patients are encouraged to help protect their loved ones from influenza. Encourage your loved ones to get vaccinated as soon as vaccine becomes

available in their communities. Vaccination is especially important for people at high risk for serious flu complications, and their close contacts.

Children between 6 months and 8 years of age may need two doses of flu vaccine to be fully protected from flu. Your child's healthcare provider can tell you whether two doses are recommended for your child. Children younger than 6 months are at higher risk of serious flu complications, but are too young to get a flu vaccine. Because children younger than 6 months cannot get a vaccine, but are at high risk for serious flu-related complications, safeguarding them from flu is especially important. If you live with or care for an infant younger than 6 months of age, you should get a flu vaccine to help protect them from flu.

In addition to getting vaccinated, you and your loved ones can take everyday preventive steps like staying away from sick people and washing your hands to reduce the spread of germs. If you are sick with flu, stay home from work or school to prevent spreading influenza to others.

If you contract influenza, there are medications that treat it. These medications are called antivirals and can make your illness milder and make you feel better faster. They also can prevent serious flu-related complications, like pneumonia. Of course, health care providers advise seeking medical evaluation and treatment early as these medications are more effective if started early in the disease course. Make sure to discuss obtaining influenza vaccine with your health care provider. Protect yourself and protect your loved ones. Further information regarding the 2014-2015 influenza season can be obtained by visiting www.cdc.gov/flu

Sean Stokes, MS, NP-C
South Alabama Medical Clinic
10075 Grand Bay Wilmer Road
Grand Bay, AL 36541
(251) 865-1852

Tillman's Corner Area Chamber of Commerce

BUSINESS

EXPO



Blue Bag Sale
Raffle Drawings
Door Prizes
Free Samples

TUESDAY, SEPTEMBER 23
6:00-8:00 PM

The proceeds from this event go towards our scholarship program so help us help more.

Amazing Grace....

Jean Stimpson, a lady of grace and of a quiet spirit. A woman whom stands behind her man but demonstrates strength. A friend who looks inside of you for your very Best.

By Tina Poiroux Photographs courtesy of Jaclyn Robinson/Robinson's Studio & Design



Jean Stimpson is the first lady of Mobile and quite an eloquent speaker. She has proven to be in love with family and Southern living. This simple living choice and a slower pace of life brings fond memories that she cherishes daily. Being the wife of Mayor Sandy Stimpson has been very fulfilling. "Being the First Lady of Mobile has not changed my role as a wife or a mother" she said. Hard work was always a trait her family instilled into her as a child and it's a trait that she and the Mayor have instilled in their own children.

Like her husband, Mrs. Stimpson's father, John Richard Miller, Jr. worked in the lumber business; her Mother, Virginia was a stay at home mother. Raised in the small town of Brewton she loved the ability to raise a family in such a community where children could play with freedom and independence. Mr. & Mrs. Stimpson met as juniors in college and found themselves getting married in 1975. The Stimpson's will celebrate 39 years of

marriage in September. She feels keeping laughter in the home is the medicine that keeps them well. She has two sons and two daughters. Her family is a priority and being with the grandchildren is a treasure. She told me during our time together, that you should never disvalue time spent together with your own children. It's only for a moment we are allowed the time to cherish such memories that will last a life time. Cooking southern food is not necessarily her specialty but peanut butter and jelly sandwiches are her idea of a great dinner and she said, even Sandy doesn't mind pb&j's. Jean spoke about how her daughters tried preparing this for dinner, but their husbands did not think it was created to be a dinner meal, only a snack. I could not resist asking some personal questions about family, marriage and faith while we were together. She snickered and said let me tell you a funny story. "Sandy's first gift after they were married was a pair of hunting boots. I hated that gift until I realized he just wanted me to spend time with him, and I did not appreciate that at the time but that's what family is about and I love being with him every moment I can whether it's watching a sunset, going to the beach, visiting at the kitchen table, fishing, or being out in nature."

Mrs. Stimpson reflected on the first memorable job as the First Lady of Mobile, and it was serving the Community by cleaning up the Senior Center on Dauphin Island Parkway. She spoke of the hope present throughout the city and how it is tangible and makes her happy to see people pulling together when it really counts the most. When talking to Mrs. Stimpson she reflected on some of the same passions of Mayor Stimpson and shared a lot of his vision. As leaders of Mobile they just want to see Mobile become "The Best



It Can Be." She said "They would like to create a Mobile that is a place where young people move back and raise their families here in our beautiful city." Being able to learn so much about Mrs. Stimpson with our time together I learned how valuable it is to have leaders in our area that truly care about Mobile. She spoke many times about her favorite things but she loves the rich history that our city encompasses and the genuine people she has met along the way. Mrs. Stimpson is a delight to be with and I am forever changed by the grace she possesses and her kindness that is so prevalent in every word she speaks. Her love for family and love for her husband is passionate. It's interesting to talk to people who are not from Mobile and listen to the things that excite them the most about our city. These are sometimes the things we take for granted in life. She loves being at Dauphin Island, Mobile Bay or even hanging

"They would like to create a Mobile that is a place where young people move back and raise their families here in our beautiful city."
Jean Stimpson

out at our local beaches just playing with the grandchildren in the water represents peace and rest for her. Commerce is a big deal and wanting to see Mobile Flourish is a treasure for us all. Keep looking for the Best In Yourself and the people you mold your life around, and look for the beauties in Mobile just as Mrs. Stimpson has done since her arrival. It was as though I saw Mobile in a new light after my time spent with our First Lady. She showed me how to go back to a simpler way of thinking and see our Community through her eyes. "Amazing Grace" is not just her favorite song but her way of living.





Opportunity

BUSINESS EXPO

TUESDAY, SEPTEMBER 23, 2014

6:00-8:00 PM

The Tillman's Corner Area Chamber of Commerce will host a "Business Expo" at the Tillman's Corner Community Center on Tuesday, September 23, 2014 from 6:00-8:00 p.m. Come and enjoy a relaxed, informal get together of professionals from many different types of businesses. This is an opportunity to network, discuss and share ideas while enjoying complementary refreshments, appetizers and food samples from local restaurants. Door prizes will be awarded throughout the evening.

Please join us as a sponsor of the "Business Expo". The cost for caterers is \$25.00, members pay \$40 and nonmembers pay \$60 per table. We are limited to 40 tables, so it is on a first come bases. Each sponsor will be highlighted in the program and mentioned as door prizes are awarded. The proceeds from this event go towards our scholarship program.

There is NO CHARGE for visitors to attend. In the past years we had over 200 guests. We expect to exceed that number this year.

The deadline to register is Monday, September 8, 2014. Please contact the Chamber office at 666-2488 for your registration form to secure your space.

The Community Center News

Make plans to attend the Business Expo, September 23, 2014. We have a many new businesses attending this year and look forward to your presence here. Free Admission to the public and door prizes will be given away. We are also adding a new concept to the fun filled night. We are having a "Blue Bag Sale". Blue Bag Tickets will be available to purchase that night for \$20.00. Each bag will contain a "surprise gift" with a value of at least \$20 or more inside. Gifts range from gift certificates to dinner for two, tools, jewelry, local events tickets, etc. We will have our regular raffle items as well so come out and support the Chamber at its fundraising event for local high school students. This is to be a great event for networking so invite your friends, colleagues and family members to come out and meet local businesses which are growing in our community.

Greetings from the Director:



August has been a scorching month and busy time getting children back in school. We will all be glad for the upcoming cooler months. Remember we are booking Football Parties, Family Reunions and Indoor Birthday Parties to escape this brutal heat. Watching SEC Football on the big screen has become all the rage and spaces are filling up. Call us to reserve a room for your next party event.

We are still seeking new sponsorships for star students if you or your business is interested please contact the office.

Tina Poiroux

Staff

Executive Director

Tina Poiroux

tpoiroux.tccc@bellsouth.net

Rental Specialist

Serena Cawthon

tillmanscornerco@bellsouth.net

After Hour Event Attendants

Ryan Walker



Don't forget to follow us on Facebook for up to date news on the Chamber and Community Center.

The Chamber would like to express a special thank you to the companies that donated door prizes to the August Luncheon.
Great Marketing!



SJ&L

TCACC

Chick-Fil-A

Hampton Inn

Polysurveying

Alabama Power

McLaney's Senior Dance

Family Security Credit Union

New Horizon's Credit Union

One Fit Mobile Health Awareness Day

October 11, 2014
 Location: Bienville Square
 Time: 9am-1pm

We are proud to partner up with Market on the Square, Port City Pacers, & Mobile Sports Authority to bring you The Color Run.



This day will consist of:

- Health & Fitness Vendors
- 5K Run with The Color Run
- Live Music from local artists
- Exercise Display of fitness classes from local gyms
- Health Screenings
- Blood Drive
- Keep Mobile Beautiful Walk & Clean-Up
- Kids Zone
- and much more!



HEROES RESPOND FIRST



"Lest We Forget..."
911 Day of Remembrance Ceremony

10:00 AM, Sep. 11, 2014
Mobile Memorial Gardens
Garden of Heroes

Featured Speaker: Mayor Sandy Stimpson
 6100 Three Notch Rd
 251-661-1333
www.mobilememorialgardens.org



Alabama Pecan Festival

5055 Carol Plantation Rd.; Mobile, AL 36619
 Friday, October 31, 2014 - 5:00 p.m. to 9:00 p.m.
 Saturday, November 1, 2014 - 10:00 a.m. to 9:00 p.m.
 Sunday, November 2, 2014 - 11:00 a.m. to 4:00 p.m.

Go to www.alabamapecanfestival.com for vendor and craft booth applications

2014 GREATER GULF STATE FAIR

CELEBRATE THE COAST

COME JOIN US **OCTOBER 24 - NOVEMBER 2, 2014**

MOBILE ALABAMA
 OCT. 3, 4, 5
 2014

20TH ANNIVERSARY
BAYFEST
Alabama's Largest Music Festival

New Members:

◇ Threaded Fasteners, Inc.

358 St. Louis Street
Mobile, AL 36602
(251) 432-0107



◇ Lowe's Market

5596 Hwy 90
Theodore, AL 36582
(251) 370-3366



◇ Hattie Brown's Gift Baskets

609 Bizzell Ave.
Mobile, AL 36603
(251) 404-9898



Your participation in the Chamber is what allows us continue to do good works in the community.

Events such as our Christmas Parade and reakfast with Santa , our scholarship program, the first responders breakfast and many more are all made possible with your involvement.

So join today and be a part of our community.



**SUPPORT THE
COMMUNITY
THAT SUPPORTS
YOU BY JOINING
THE TILLMAN'S
CORNER
CHAMBER.**

For information on becoming a member call
251-666-2488.

If you are already a member, pass the word along to help promote our community!

Spotlight Member of the Month:

TVTC Mobile, AL Office
4260 Halls Mill Rd.
Mobile, AL 3669
251-338-7470



Please contact our Mobile, AL office for more information on the following services:

Site Specific Orientation Development
Background Screening
Drug and Alcohol Screening
Contractor Pre-Qualification

Tennessee Valley Training Center, Inc. (TVTC) is a full service facility focusing on safety, health, environmental, and workforce development training and services. Established in 2000 as a 501(c)3 non-profit corporation by the state of Alabama, TVTC was made possible when safety professionals, industry leaders, and contractors in the North Alabama area expressed concerns about the need for a workforce properly trained in safety, health, and environmental, and other workforce development-related topics. TVTC now operates a home office in Decatur, AL, a satellite office here in Mobile, AL and another satellite office in Memphis, TN.

As a member of the Association of Reciprocal Safety Councils, TVTC proudly offers the Basic Orientation Plus ® as well as other reciprocal awareness level courses. Please visit arsc.net for a complete list of member councils with whom we reciprocate.

TVTC is also proud to announce that we are now a PEC authorized training provider offering the SafeGulf and SafeLand course.





Mobile Memorial Gardens

RICHARD F. "DICK" PERL, C.C. F. E.
VICE PRESIDENT OF SALES AND MARKETING

251-661-1333 (Office)
251-610-9634 (Cell)
251-666-6050 (Fax)
d.perl@mobilememorialgardens.com

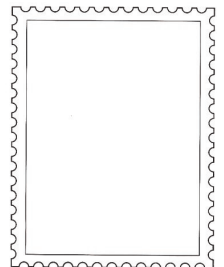
6100 Three Notch Road
Mobile, AL 36619
www.mobilememorialgardens.com

Members Wanted
Established Chamber seeks forward thinking individuals to join our team of dedicated, active professionals. You need us to help promote and grow your business. We need you to further develop a vital, thriving business machine in Tillman's Corner. Experience a plus, but not required. All Welcome. Will Train.

We are now accepting credit cards for your payment needs.



Tillman's Corner Chamber of Commerce
& Community Center
5055 Carol Plantation Rd.
Mobile, AL 36619



www.tillmanscornerchamber.com